

SATISH CHANDRA MEMORIAL SCHOOL

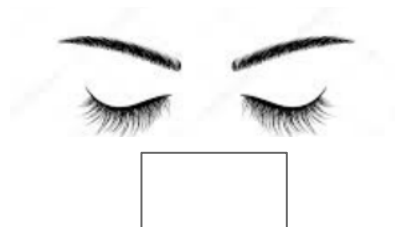
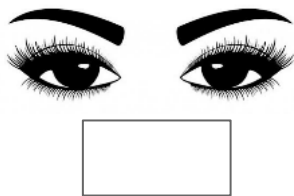
WORKSHEET- PHYSICAL EDUCATION

Name-..... Class-LKG Sec-.....Roll-.....

Put tick mark for the right sitting posture:



While doing meditation we keep our eyes open or close?



I am your National Flower. I am related with Padmasana, count the number of petals I have, write the after number in the box and colour me.

