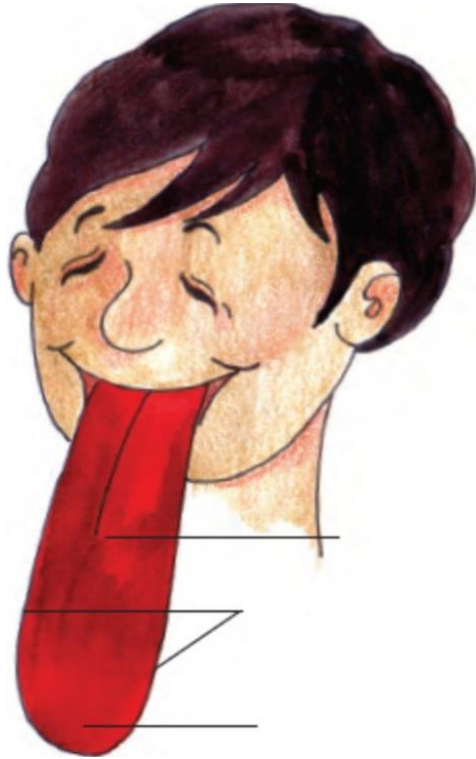


WORKSHEET CHAPTER 3 AND 4

Answer the following questions:

- 1. What do you understand by ‘proper’ food?**
- 2. Why do you think that the food of Rashmi and Kailash was not proper?**
- 3. Why can you not taste food properly when you have a cold?**
- 4. Why was nitu given a glucose drip?**
- 5. Which taste could be made out on which part of the tongue? Mark these parts on the picture given.**



6.What is the function of saliva present in the mouth?

7.Who was Dr. Beaumont? What did he find?

8.How do you come to know that food gets spoiled?

9.What items do you preserve in a refrigerator?

10. What is food preservation ? List the various ways in which food and vegetables can be preserved.

11. Glass jars and bottles are dried well in the sun before filling them with pickles. Why is this done?

12. What things are made in your house from ripe and unripe mangoes?

13. How is Mamidi tandra prepared?

2. Fill in the blanks with appropriate words given in the box.

salt, sugar, jaggery, lime, junk food, proper food, chew, gulp, glucose, Beaumont, Martin

(i) We should eat food slowly and _____ it well.

(ii) One should be given a _____ and _____ solution when one has loose motion and vomiting.

(iii) A _____ drip is given to a patient for instant energy.

(iv) Dr _____ found that food is digested in the stomach by an acidic juice.

(v) The food that is needed for proper growth and development of a child is called _____.

15. How can we say that digestion begins in the mouth?