

ch-9

Up you go

Question - Answer:

1) Write the full form of NIM.

→ NIM - Nehru Institute of Mountaineering

2) List the responsibilities that has to be taken by a leader of a team.

→ The leader must do:-

- Help others in carrying their bags.

- Let the group go ahead and keep to the last.

- Help those who cannot climb properly.

- Find a good place to stop and rest.
- Look after those who are not well.
- Arrange for food for the group.

3 Write the name and details about the lady on whom this story is made.

⇒ The story is made on Sangeeta Arora. She teaches in Kendriya Vidyalaya, Shalimar Bagh, Delhi and is also a member of this ERS textbook Writing team.

4 How did Sangeeta ma'am cross the river?

⇒ Sangeeta ma'am got ready but she did not have the courage to cross the river. Suddenly someone had gently pushed her into the water. In the deep cold water she started to shivering, anyhow she held to rope and started pulling her feet firmly on the river bed. Slowly the water reached up to her neck. In the

middle she lost her balance and started slipping. She thought she would be carried away by the river. But she was tied with a sling to the rope and somehow managed to get hold of the rope and pulled herself forward. Slowly with some courage at last she reached the river bank.

5 What are sling and rucksacks? What they had carried in their rucksacks?

→ Sling - A sling or runner is an item of climbing equipment consisting of a tied or sewn loop of webbing. It may be used as an anchor or to extend an anchor.

Rucksack - A bag with shoulder straps which allow it to be carried on someone's back, typically made of a strong, water proof material and widely used by hikers.

They had carried in their rucksacks - food packets, water bottle, rope, hook, plastic sheets, diary, torch, towel, soap, wind cheater, whistle, glucose, jaggery, chana and

Some other Snacks.

6 After getting separated from their team how Sangeeta ma'am and Khondombi again joined with their team?

⇒ Suddenly in a dark night both Sangeeta ma'am and Khondombi lost their way, they were really scared. They ~~can~~ ^{could} not see anything even with their torches. Sangeeta ma'am started sweating even though it was cold, she tightly held Khondombi's hand. They called out loudly, their voice echoed in the mountains, they started to whistle loudly and flashed their torches. Suddenly their group also noticed that they were missing. Khondombi started to sing a Mizo song loudly holding the hand of ma'am and after sometime they saw their group coming towards them and at last they joined with their team.

7 Name the first Indian woman to reach Mount Everest.

⇒ Bachhendri pal.

8 At last how Sangeeta ma'am got the felicitation?

→ At the last day of the camp Brigadier Gyan Singh got up and announced Sangeeta ma'am's name for the 'Best performance Award' throughout the camp. He blessed ma'am a lot and tears of joy rolled down in ma'am's face.

9 Write few lines about Bachhendri Pal.

→ Bachhendri Pal is the first Indian woman and the fifth woman in the world to reach the peak of Mount Everest. She grew up in Nakuni village in the Garhwal area of Uttarakhand. When she grew older, she joined Nehru Institute of Mountaineering Uttarkashi. Her guide was Brigadier Gyan Singh. In 1984, she was selected as a team member to climb the Mount Everest. She was so courageous that at the age of twelve years only she climbed a mountain peak of 4000 meters with her friends.

10

How did Bachhendri pal reached to the Mount Everest?

In the year 1984 on 15th may the team with 18 members reached to a height of 7300 meters, in that team there were seven women, Bachhendri pal was one of them. On that day at night (mid) they heard a loud sound and then a bang. There was a terrible snow storm. They were buried under the snow and Bachhendri pal was hurt on the head. Maximum were injured. At last, after overcoming so many troubles on 23rd May, 1984 Bachhendri pal stepped onto the peak of 8900 m high Mount Everest also called Sagarmatha in Nepal. It was seven minutes ~~passed~~ past one o'clock in the afternoon. She spent 43 minutes on the highest peak in the world and became the first Indian woman to reach the peak of Mount Everest.