

SATISH CHANDRA MEMORIAL SCHOOL CHAKDAH

CLASS IV. EVS. (ACTIVITY)




Do the below mentioned work in EVS Activity notebook

(Write on the ruled side of the page and draw on the white side of the page)







COVID 19

A respiratory illness caused by a virus called corona virus (SARS_COV_2).

Symptoms:-

-  Continuous cough
-  High temperature
-  Breathing difficulties

Precautions:-

-  Keep good respiratory hygiene, cough or sneeze into a tissue or the inside of your elbow if you don't have one.
-  Use a tissue to pick or blow nose, then throw it away and wash your hands.
-  Washing hands frequently for 20 seconds.
-  Maintain social distancing.
-  Try not to touch your face.
-  Avoid crowded places.

Draw this given picture (by adding own creativity and innovation)



ACTIVITY

MEDICINAL PLANTS AND IT'S USES

1. TULSI –

- Use to cure cough and cold
- Boost the immunity
- Promotes respiratory health.
- Good dental health.





2. NEEM-

- It helps to treat fungal infections.
- Neem oil is used for making cosmetic (soaps, shampoo)
- Neem is effectively used to keep mosquito away.

3. ALOE VERA

- Improves skin



- Improves digestion • Benefits in burns and cuts.

4. PEPPERMINT

- It promotes digestion.
- It promotes oral health.
- Boost immunity.



5. ROSEMARY

- Support hair growth.
- Improves blood circulation.
- Relieve muscle pain.

